

# Polymers Educational Society Annual Report 2018-19



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Humanity is the best religion

## VISION

Giving wings to the hopes and aspirations of underprivileged and empowering them to a better tomorrow.

## GOALS

To provide timely and meaningful support to needy children, women and senioe citizens by effectely implementing projects in the area of Health, Education and Nutrition, which have a sustainable, cost effective and positive impact on society and environment.



All building starts with a foundation.



## From the President's Desk

At the outset, I'd like to thank our funders, partners and volunteers for their unstinting support and guidance in our mission to provide timely and meaningful support to needy children, women & Senior Citizens by effectively implementing projects in the area of Health, Education and Nutrition, which have a sustainable cost effective and positive impact on the society and environment.

This year has seen many achievements for PES, but I'd like to share some key highlights which we believe have had significant impact on our beneficiaries and society at large. Over the years, PES has adapted its programmes to reflect the concerns of our older population, Women and children in destitute urban and rural areas to address issues like isolation, neglect that sizeable numbers of our elderly face and the violence against women and children.

Right from inception PES's goal has been to provide the best possible services to the old people living in our homes, without compromising on the quality of services. Even though setting up many of these services being provided to the old people in PES, involved quite an investment, PES, with its immense goodwill and generous supporters has been able to mobilise resources to setup these services. At present PES is running two old age homes and a respite care centre providing Shelter, Food and Health support to about 150 elderly destitute people.

We have achieved great success in bringing legal awareness in rural women on their rights. Also, we worked in various skill development programs which are mentioned below in detail.

Finally, I would like to personally thank every single staff member and volunteer of PES who has worked selflessly and tirelessly to serve women and children of most vulnerable communities. I would also like to thank our committee members for their continuing guidance and encouragement as we venture into new geographic areas and interventions, and scale up our work.

Shaik Abdul Rawoof  
President.

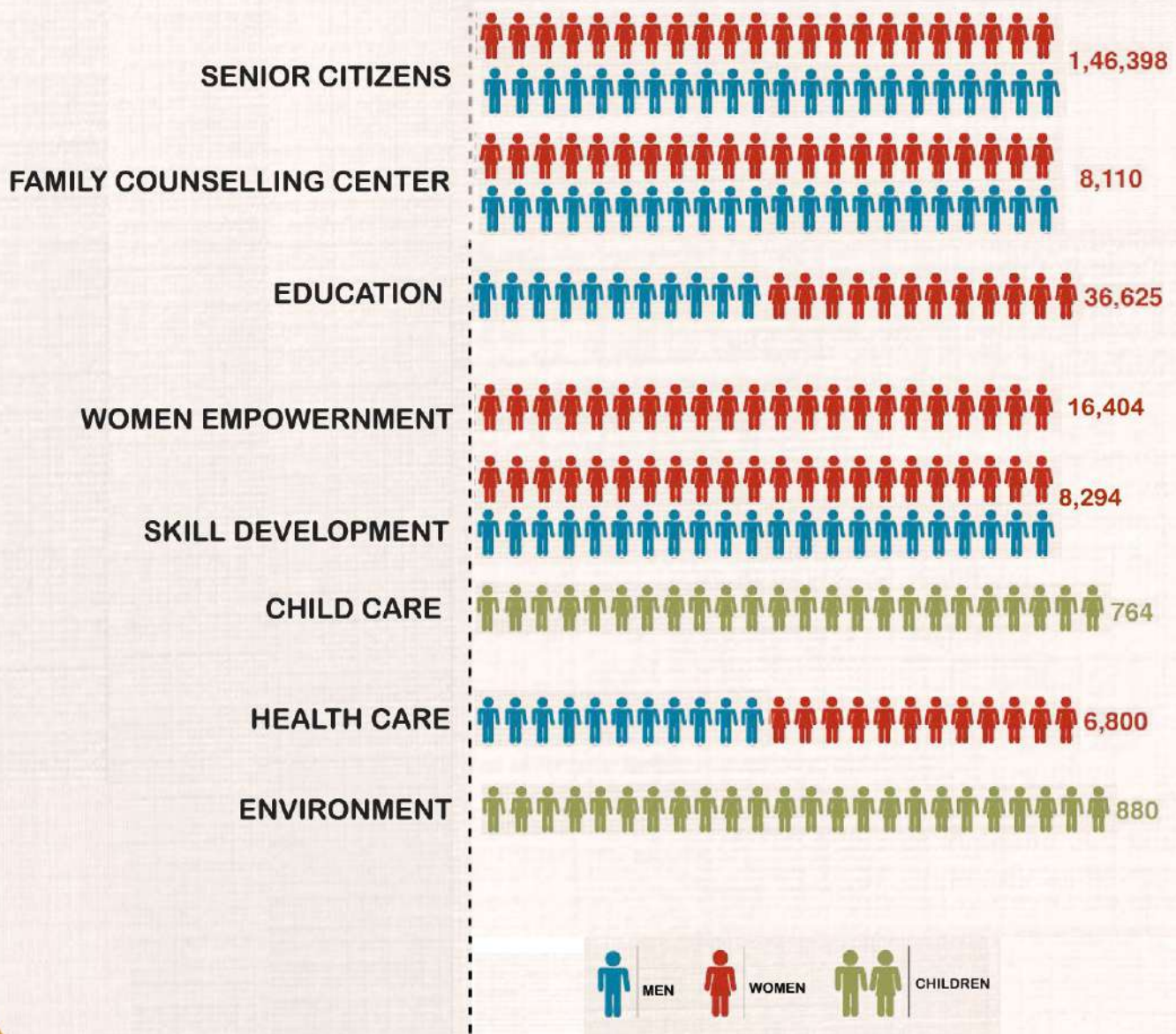


Open hearts. Open minds. Open doors.

# ACHIEVEMENTS

1. Maintaining two old age homes with a capacity of 50 each by the assistance of Ministry of social justice and empowerment, since 1995.
2. 250 SHG's Bank Financed. SHG's started Income generating programme since 2005.
3. Conducting awareness generation camp, Legal awareness camp and also Leadership training program for women in each quarter.
4. Maintaining a Family counseling centre assisted by central social welfare board, New Delhi, since 2010.
5. Maintaining Crèche centers in various areas where mothers are daily wage labours. They leave their children in crèche centre while they are at work.
6. Our organization has also worked for upliftment of Tribal especially yanadi tribe in the field of health and education as these people are much skeptical towards illiteracy and malnutrition due to poverty, lack of knowledge and awareness. With the Assistance of DKA–Austria.

## PROGRAMME WISE DIRECT REACH SO FAR



Empowering Communities. Ending Poverty.

# EDUCATION FOR ALL



At PES, we believe that education is the cornerstone of success and is the most important solution to breaking the vicious cycle of poverty. With a family income of less than 10,000, the ultra-poor often struggle to make ends meet. They are the absolute bottom of the pyramid. The lower the household income level, the more desperate is the condition for the children. In such situations, education becomes the first thing to be dispensable. Every such drop-out is an opportunity lost. Even if they were to complete schooling, they would be completely unprepared for any kind of subsequent career opportunities except for jobs at entry level with meagre pay. Without education, a labourer is a labourer. And it will take 25 years before another generation gets an opportunity for education.

**PES's Academic Adoption Programme** attempts to break this cycle. PES'S Academic Adoption Programme (AAP) is designed to transform the lives of the underprivileged children by providing them access to high quality education through Academic sponsorships. The Academic Adoption Programme is a hands-on programme and adopts a holistic approach with regard to the development of these children by providing them with healthcare and counseling support. As a part of the program, the children and their families have automatic access to the multi-dimensional interventions that PES undertakes in the areas of Financial Literacy, Vocational Training and Livelihood Development.

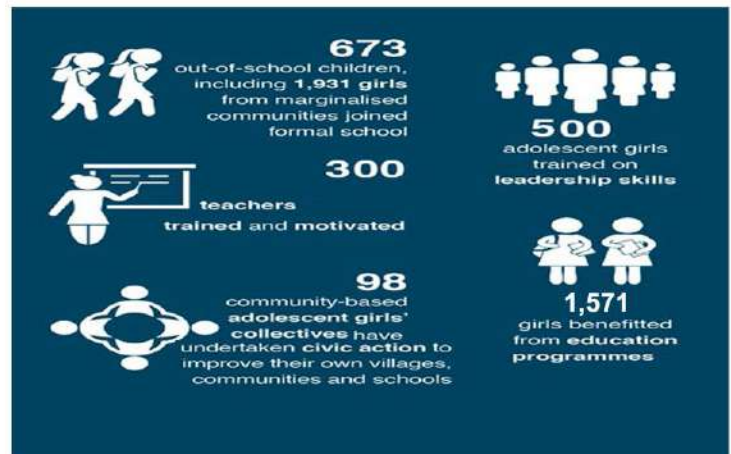
**School Admissions:** PES works with a network of schools located in or close to the communities to enroll children into age appropriate grades and facilitate discounted fees for them.

**Monitoring:** Children are monitored at home and at school through regular meetings with parents and the school regarding attendance, performance, health and any special needs.

**Child development corpus:** A corpus is created over the period of the child's support so that children can pursue higher education once they complete school. What motivates us is the change that this has brought in the perception and the commitment to education that it has created in the Ultra-poor families. Most of our kids perform well in school and utilize the opportunities that come their way.

In the year 2018-19 ,

1. 91% of the students scored above 60% in their overall assessment.
2. 15% scored above 90% in their overall assessment.
3. Five students were placed at the top of their classes.
4. Average attendance was 95% across all partner schools.
5. Students have won many accolades such as first prize at their school's science fairs, excelling in sports, and academic excellence awards.



**Your Future Is Calling.**

# SENIOR CITIZEN'S CARE

## Senior Citizens Home

Though over the last few decades the focus has primarily been on the destitute elder, ensuring that the underprivileged elderly are reached through its various services in the areas of financial, health and emotional security. Changing family value system, economic compulsions of the children, neglect and abuse has caused elders to fall through the net of family care. Homes for the Aged are ideal for elderly people who are alone, face health problems, depression and loneliness. PES is providing shelter, food and security to about 100 elderly people through two Old Age Homes at Narayanareddypet and N.V. Gardens, in Nellore, SPSR Nellore District, assisted by Ministry of Social Justice & Empowerment, Govt. of India.



## Daycare Center

PES supports the health, nutritional, social, and daily living needs of adults through 4 daycare centers by providing meals, activities, and general supervision. The care provided is a medical model (including skilled assessment, treatment and rehabilitation goals) provided in order to improve participants' health and guide their progress in the right direction.



## Respite Care

Most of the old age homes are finding challenges in caring sick, elderly, or disabled person, providing relief for their usual carer, are looking for alternate arrangements to take care of such elderly people. PES facilitates such needy elderly, or disabled person through its Respite Care Home at Allur Mandal, SPSR Nellore DIST, Andhra Pradesh.



## Legal & Financial Awareness for Elders

PES uses the expertise of legal & financial experts and conducts workshops across the country to organize workshops empowering our elders with this knowledge, so they can lead a better quality of life.



## Physiocare

Under this program, elderly persons with musculoskeletal diseases such as back pain, arthritis and other age related mobility challenges are treated. The services are provided through stationary physiotherapy clinics, mobile services, visits to residents of homes for the aged and home visits made by a qualified physiotherapist. PES provides more than 500 physiotherapy treatments to elders.



The greatest casualty is being forgotten.

## FAMILY COUNSELLING CENTER

PES is running a Family counselling centre assisted by central social welfare board, New Delhi, conducting counselling, referral and rehabilitative services to women victims who are in moral danger within the family or society at large including those affected by disputes, marital discord or maladjustment is provided free of charge.



## WOMEN EMPOWERMENT

Referring to power of women in our present society has become significant topic of discussion in regards to development and economics.



Women's economic empowerment refers to the ability for women to enjoy their rights to control and benefit from resources, assets, income and their own time, as well as the ability to manage risk and improve their economic status and wellbeing. PES has conducted Awareness generation camp, Legal awareness camp and also Leadership training program for women in each quarter.



The greatest casualty is being forgotten.



# WOMEN EMPOWERMENT

## NAI ROSHNI

PES has conducted NAI ROSHNI "Leadership Development of Minority Women" for 5 batches with a capacity of 25 members each. It is a Empowerment of women from the minority communities and emboldening them to move out of the confines of their home and community and assume leadership roles and assert their rights, collectively or individually, in accessing services, facilities, skills and opportunities besides claiming their due share of development benefits of the Government for improving their lives and living conditions. This includes economic empowerment of the trainee women so that they ultimately become independent and confident members of the society.



## TAILORING

Women are worst affected when it comes to unemployment and poverty. Without any income of their own, they need to depend on men for anything and everything. If the men are also unemployed, the matter gets worse. Women empowerment through self-reliance and financial independence can be achieved by providing vocational training, through which women can either start up something of their own or take- up a job.



PES has set up Sewing Training Center to make women self-sufficient and confident. Stitching garments is one job that remains till end of the mankind. Further, basic tailoring skills enable women to work from home, they can continue in their traditional role as homemaker and yet earn. Tailoring is something which women can immediately start right from their homes upon completion of their course. Interested women are train for embroidery, arts and designing skills as well as tailoring. This year we have conducted training for 300 candidates and also distributed sewing machines with the assistance by MEPMA, AP.



Empowering Communities. Ending Poverty.

## SKILL DEVELOPMENT

Skill Development and Entrepreneurship development efforts across the country have been highly fragmented so far. Though India enjoys the demographic advantage of having the youngest workforce with an average age of 29 years in comparison with the advanced economies, as opposed to the developed countries, where the percentage of skilled workforce is between 60% and 90% of the total workforce, India records a low 5% of workforce (20-24 years) with formal employability skills. PES has conducted various Skill development programs like, communication skills training, Computer training programs, Tailoring, Art and craft and etc to 1200 candidates to improve their skill and secure an earnings for the family.



### SKILL DEVELOPMENT FOR MINORITIES

PES has conducted free coaching to 500 students belonging to minority community to empower the students to prepare them for competitive examinations, so that their participation in government and private jobs improves.



### SKILL DEVELOPMENT TRAINING IN RETAIL SECTOR

India is the 5th largest destination in retail space and is expected to grow at US \$950 billion by 2018. This sector has witnessed a rapid growth in implementation of employee training programmes as front-line associates have a major and immediate influence over consumers' buying decisions. Hence, we have conducted retail training for 400 candidates across Nellore Dist.



### General Duty Assistant (GDA)

GDA is one who provides patient care and helps maintain a suitable environment. Some of the key responsibilities are to provide patient's daily care, comfort, safety and health needs. A GDA works in collaboration with doctors and nurses and other healthcare providers and deliver the healthcare services as suggested by them. A GDA is result oriented. He/she demonstrates basic patient care skills, communication skills and ethical behaviour while working in the clinics in shifts.

Hence, we have conducted GDA training for 300 candidates across Nellore Dist.



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## CHILD CARE

### CRECHE CENTERS

With increasing employment opportunities for women and the growing need to supplement household income, more and more women are entering the job market. With the breaking up of joint family system and the increasing number of nuclear families, working women need support in terms of quality, substitute care for their young children while they are at work. Creche and Day Care Services are not only required by working mothers but also women belonging to poor families, who require support and relief for childcare as they struggle to cope with burden of activities, within and outside the home. PES is running 3 Crèche centres in various areas where mothers are daily wage labours. They leave their children in crèche centre while they are at work.



### HEALTH CARE

88% of the Oldest Old (80+) suffer from chronic ailments such as hypertension, asthma, arthritis, heart problems etc. PES's Healthcare program seeks to provide sustainable healthcare solutions to destitute elders and their community where these are none available through its Mobile Medicare Units (MMUs). Each MMU has a doctor, pharmacist and a social worker. These MMUs go into the interiors of urban slums and villages, bringing healthcare virtually at the doorsteps of these destitute elders. For most elders it saves them from the long lines at hospitals which are also situated far from their communities and they get free medication on a monthly basis. Their Individual patient card keeps a record of their treatment and helps monitor their progress. These MMUs often conduct specialized health camps on various diseases and free health check-ups are conducted. The MMUs have also become awareness generating sites, with the social worker empowering the disadvantaged elder with information on various diseases, along with educating them on the various preventive measures that can be taken to prevent the onset of any deadly disease.



### ENVIRONMENT

India contributes 5% to global CO2 emissions. On the brighter side, India has the 10th largest forest cover in the world at 68 million hectares. The government's National Action Plan on climate change involves expanding this forest cover from the current 23% to 33% and to afforest 6 million hectares of degraded forest land. [ More than 2/3rds of the degraded land can actually be regenerated. PES has conducted tree plantation mission in each quarter and planted 300 plants across the district involving school students, teachers and other volunteers.



The greatest casualty is being forgotten.